



Important Information following Botulinum Toxin Type A Treatment

1. Any lumps and bumps caused by the injections should disappear within a few hours of treatment.
2. Do not rub or massage treated areas for 48 hours after treatment. After washing treated areas, pat dry very gently with a towel.
3. Do not exercise, bend excessively or lie down for at least 4 hours after treatment.
4. Avoid wearing make-up for 12 hours after treatment. For a further 2 weeks, avoid beauty treatment on your face (i.e. facials, face massage).
5. Try to avoid exposure to strong sunlight, very cold temperatures and saunas for 2 weeks after treatment.
6. Botulinum Toxin Type A normally takes an average of 2-3 days to start working, although the full effects may take a little longer. The speed of action depends on the strength of the muscle injected and your individual response.
7. Remember that treatment is not permanent. To maintain the effects of Botulinum Toxin Type A, treatment should be repeated 2 to 3 times a year. We will recommend when we think you need to return for re-treatment.
8. We hope that you are pleased with the effects of Botulinum Toxin Type A However, if you are not happy with the treatment , please contact us for advice on 01428 605594